

Thunder River Gymnastics

Now Enrolling for Fall!

Bridges High School Gymnasium



4-week sessions ♦ Mondays & Tuesdays

Session 1: September 12 - October 4

Session 2: October 10 - November 8 (no class held 10/31 & 11/1)

Session 3: November 14 - December 6

Class	Day	Time
Preschool/Beginner Class (3-5 yrs.)	Monday and/or Tuesday	4:15 - 5:00 p.m.
Beginner/Adv. Beginner (6 - 10 yrs.)	Monday and/or Tuesday	5:00 - 6:00 p.m.
Intermediates (8 - 13 yrs.)	Monday and/or Tuesday	5:00 - 6:30 p.m.
Dryland training/Adult Gymnastics	Mondays only	6:30 - 7:30 p.m.
RUN JUMP & PLAY (Parent-tot)	Tuesdays only	10:30 - 12:00 a.m.
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Tuitions	1 day / week	2 days/ week
45 minute classes	\$45.00	\$80.00
1 hour classes	\$55.00	\$90.00
1.5 hour class	\$60.00	\$95.00
RUN JUMP & PLAY (Parent - tot)	\$12.00 drop in	\$50 for a 5 punch pass
Dryland & Adult Program	\$12.00 drop in	\$50 for a 5 punch pass

Registration fee: \$20 Annual Insurance fee due for all participants.

This is an annual fee that covers the necessary liability insurance for the program and is required of ALL participants. September 2011 to September 2012 is the enrollment period.

Pre-register Please! Class sizes will be limited.

Thunder River Gymnastics
Cathy McNice Corbett
E-mail cmcnice@comcast.net
948-7252

Gymnastics Registration Form

Mail Registration and tuition payment payable to:

Thunder River Gymnastics
P.O. Box 1042
Carbondale, CO 81623
(970) 948-7252

- Session 1: September 12 - October 4
- Session 2: October 10 - November 8 (no class 10/31 & 11/1 for Halloween)
- Session 3: November 14 - December 6
- Run, Jump & Play / Dryland / Open gym (Ongoing drop-in programs)

Day(s) Check one or both: Mondays Tuesdays

Child's Name _____ Age: _____ Birthdate: _____
Child's Name _____ Age: _____ Birthdate: _____
Child's Name _____ Age: _____ Birthdate: _____

Class Name _____ Class Time _____
Home phone: _____ Cell: _____ E-mail address: _____
Mailing Address _____
City _____ State _____ Zip code _____
Parent/Guardian Name (print) _____
Previous injuries or conditions? _____

Thunder River Gymnastics is committed to conducting its activities in the safest manner possible. We hold the safety of the participants in the highest possible regard. Parents must recognize however that there is an inherent risk of injury when choosing to participate in recreational activities. Thunder River Gymnastics continually strives to reduce such risks and insists that all participants follow safety rules and instructions, which have been designed to protect the participant's safety.

Acknowledgment of Risk and Release of Liability:

Please read this form carefully and be aware in registering your child or ward for participation in this program you will be acknowledging the risk and releasing all claims which you may have on behalf of your child/ward as a result of participating in this program. As a participant or parent/guardian of a participant in the program, I acknowledge that there are certain risks of injury and agree to assume those risks which I or my minor child/ward may sustain as a result of participating in any and all activities connected with or associated with such a program. I release all claims, which may arise against, and agree not to sue, Gravity Works LLC, Thunder River Gymnastics, Roaring Fork School District RE-1, Bridges High School, Carbondale or Basalt Recreation; its officers, agents, employees, and authorized volunteers, on my behalf or on behalf of my minor child/ward as a result of participating in the program. I further agree to indemnify, hold harmless and defend Gravity Works LLC, DBA Thunder River Gymnastics Bridges High School; its officers, agents, employees and authorized personnel from any and all claims by other parties resulting from injuries, damages, and losses caused by me or my minor child arising out of, connected with, or in any way associated with the activities of the program. In the event of an emergency, I authorize Cathy Corbett or any Thunder River Gymnastic Coach to secure from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for my minor child's immediate care and agree that I will be responsible for any and all medical services rendered.

I have read and fully understand the above. I understand this agreement shall not be modified orally.

Parent/Guardian
Signature _____ Date: _____

Thunder River Gymnastics

Class Descriptions:

Preschool / Beginner Class: (Ages 3-5 years old)

This class is 45 minute and begins with a musical warm-up/stretch. The kids are split into groups according to ages and abilities. They will then rotate around through the uneven bars, balance beam, tumbling and obstacle course. Kids will gain a sense of self esteem in this class. They are always so proud of the things that they learn!

Beginner / Advanced Beginner Class: (Ages 6-12)

This is a 1 hour class that is geared towards the elementary school ages. We will teach the kids gymnastics basics on all equipment. Tumbling, bars, vault, beam, ropes and more!

Intermediates: (Ages 8-12)

This is a 1.5 hour class for kids who have been in gymnastics before and have strong cartwheels, round offs, bridges, back walkovers. Strength & good body positions are also a must for this class. (Instructor approval necessary)

NEW - RUN, JUMP & PLAY - By Danika Davis.

We are excited to bring the Run, Jump & Play program that Danika Davis has developed to Bridges High School. Danika will be offering activities designed by early childhood specialists to support, body awareness, coordination, sensory integration, strength & balance. Also great socialization for parents & children.

NEW - DRY-LAND / ADULT GYMNASTICS

This will be a great pre-season opportunity for skiers & snowboarders. It will be a combination of an open gym format and coaching for those that want help! If you've always wanted to try gymnastics - this is your chance! Instruction for those that want it - and open gym for those that just want to workout.

